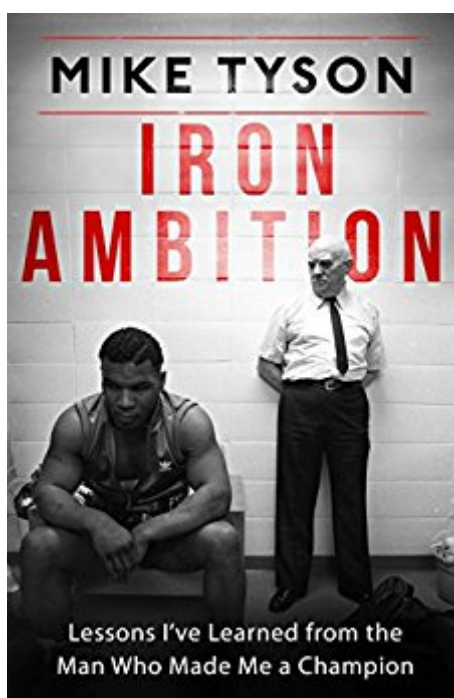


The book was found

Iron Ambition: Lessons I've Learned From The Man Who Made Me A Champion



Synopsis

The story of the relationship between the most devastating heavyweight boxer in history and the mentor who made him. The key to Mike Tyson's unprecedented success in the ring and in overcoming the demons that success laid in his path was his relationship with Cus D'Amato. When the well-past-his-prime boxing trainer and 13 year old felon met, D'Amato saw his one last shot at glory and redemption via the young thug. IRON AMBITION is the epic story of that five year relationship as well as a guide to the lessons D'Amato imparted that enabled Tyson to become the most devastating heavyweight in boxing history and, later, to achieve sobriety and intimacy with another person. Cus D'Amato possessed a brilliant mind and a flair for innovation. Well before any sports figure had ever written about Zen or getting in the zone, he realised that the key to success was to achieve a state where thoughts and emotions didn't interfere with a person's intuition. Freed from allowing those thoughts to intrude, D'Amato's successful students reached an exalted level that allowed them to perform at their physical peak. D'Amato also studied fear. Rather than pretending that fear didn't exist for his fighters, he implored them to acknowledge their fear and taught them ways to harness that fear and use it to reach another level of performance. Perhaps most important, D'Amato communicated the vital importance of discipline and schooled Tyson on how to instill discipline in his own life, a skill that has served him to this day. Paradoxically, the very skills D'Amato instilled in Tyson that garnered him untold riches and fame, opened the door to the biggest challenge of the fighter's life, when legions of corrupt bloodsuckers came to prey on him. Only after many years of hard knocks did Tyson return to his roots and use the lessons D'Amato had taught him so long before in the house on the Hudson to restore his sanity and straighten out his life. Tyson's layered path to stability and serenity is a story of uncommon richness and texture.

Book Information

File Size: 9551 KB

Print Length: 480 pages

Publisher: Sphere (May 25, 2017)

Publication Date: May 25, 2017

Language: English

ASIN: B014UXI33I

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #515,481 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #141

in Kindle Store > Biographies & Memoirs > Sports & Outdoors > Boxing, Wrestling & MMA > Boxing

#6926 in Kindle Store > Kindle eBooks > Biographies & Memoirs > Memoirs #22190

in Kindle Store > Biographies & Memoirs > Memoirs

Customer Reviews

Great!

[Download to continue reading...](#)

Iron Ambition: Lessons I've Learned from the Man Who Made Me a Champion The Iron Man Collection: Marvel's Iron Man, Marvel's Iron Man 2, and Marvel's Iron Man 3 Cast Iron Recipes Cookbook: 50 Most Delicious of Cast Iron Recipes (Cast Iron Recipes, Cast Iron Cookbook, Cast Iron Cooking, Cast Iron Cooking Recipes): ... Recipes (Easy Recipes Cookbook Book 2) The Cast Iron Recipe DeLuxe: Discover 55 Amazingly Delicious Recipes For Breakfast, Lunch, Dinner and Desserts In Your Cast Iron Skillet (Cast Iron Recipes, ... Iron Cookware, Cast Iron Cookbook Book 1) Cast Iron Cookware Recipes 4 Books in 1 Book Set - Cooking with Cast Iron Skillets (Book 1) Cast iron Cookbook (Book 2) Cooking with Cast Iron (Book 3) Paleo Cast Iron Skillet Recipes (Book 4) Cast Iron Cooking - Easy Cast Iron Skillet Home Cooking Recipes: One-pot meals, cast iron skillet cookbook, cast iron cooking, cast iron cookbook The Invincible Iron Man (Marvel: Iron Man) (Little Golden Book) The Invincible Iron Man: This is Iron Man (Level 1 Reader) (Marvel Reader (ebook)) My Lodge Cast Iron Skillet Cookbook: 101 Popular & Delicious Cast Iron Skillet Recipes (Cast Iron Recipes) (Volume 1) Cast Iron Cookbook: The Only Cast Iron Skillet Cookbook and Cast Iron Skillet Recipes You Will Ever Need CAST IRON SKILLET COOKBOOK: Cast Iron Recipes For Delicious One Skillet Meals (Cast Iron Cookbooks and One Skillet Meals) Cast Iron Cookbook: A Cast Iron Skillet Book Filled With Delicious Cast Iron Recipes The Simple Skillet Cookbook: 15 Elegant and Easy Recipes for Your Cast Iron or Electric Skillet (Cast Iron Cooking - Skillet Recipes - Cast Iron Skillet Cookbook) Cast Iron Skillet Cookbook: Easy And Delicious Cast Iron Recipes (Cast Iron Cookbook) Iron Ambition: My Life with Cus D'Amato How To Be a Champion: BMX Champion Everything I Learned in Life I Learned in Long Term Care The Grace to Race: The Wisdom and Inspiration of the 80-Year-Old World Champion Triathlete Known as the Iron Nun Stan Lee's How to Write Comics: From the Legendary Co-Creator of Spider-Man, the Incredible Hulk, Fantastic Four,

X-Men, and Iron Man Stan Lee's How to Draw Comics: From the Legendary Creator of Spider-Man,
The Incredible Hulk, Fantastic Four, X-Men, and Iron Man

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)